CareUEyes

The link: https://care-eyes.com

SHORT DESCRIPTION

CareUEyes is an **eye protection** software, a **blue light filter**, and a **reading support** tool. It adjusts the features of the screen to enhance the user experience and reduce distractions.

MAIN FEATURES

Blue light filter: Protects from the negative effects of blue light.
Brightness control: Adjusts the brightness of the screen.
Break reminder: The app reminds its users about regular breaks, using either the Pomodoro method or customised time slots.
Focus read: This feature allows you to customize the size and transparency of the reading area. It darkens the screen above and below it to help you stay focused on the text.
Focus blur: It automatically blurs the background window and highlights the front window to avoid distractions.
Magic Window: This allows you to easily put any window in dark or grayed mode, making it easier to read and use.

HELPS WITH

Reading: People with dyslexia and dyspraxia often get lost in the text (i.e. while changing the line) and are sensitive to distractions. Focus features can help to deal with that.

Light sensitivity: People with autism and ADHD can be sensitive to light. Automatically adjusting the screen's colour and brightness helps to avoid overstimulation.

Regular breaks: Short breaks positively affect the concentration and productivity of everyone, especially neurodivergent people. People with autism and ADHD may need additional reminders to take a break when they're hyper-focused. Those with SLDs can use the same function to avoid exhaustion.

INSTRUCTION

Tutorial: https://www.youtube.com/watch?v=XIGaUhzNpAE
Written instructions: https://care-eyes.com/index.html#home

LANGUAGES

Available in English, French, Dutch, Turkish, and Italian.

PRICING

Full pricing is available under the link:
https://care-eyes.com/buy.html