

# CareUEyes

The link: <https://care-eyes.com>



## SHORT DESCRIPTION

CareUEyes is an **eye protection** software, a **blue light filter**, and a **reading support** tool. It adjusts the features of the screen to enhance the user experience and reduce distractions.

## MAIN FEATURES

**Blue light filter:** Protects from the negative effects of blue light.

**Brightness control:** Adjusts the brightness of the screen.

**Break reminder:** The app reminds its users about regular breaks, using either the Pomodoro method or customised time slots.

**Focus read:** This feature allows you to customize the size and transparency of the reading area. It darkens the screen above and below it to help you stay focused on the text.

**Focus blur:** It automatically blurs the background window and highlights the front window to avoid distractions.

**Magic Window:** This allows you to easily put any window in dark or grayed mode, making it easier to read and use.



## HELPS WITH

**Reading:** People with dyslexia and dyspraxia often get lost in the text (i.e. while changing the line) and are sensitive to distractions. Focus features can help to deal with that.

**Light sensitivity:** People with autism and ADHD can be sensitive to light. Automatically adjusting the screen's colour and brightness helps to avoid overstimulation.

**Regular breaks:** Short breaks positively affect the concentration and productivity of everyone, especially neurodivergent people. People with autism and ADHD may need additional reminders to take a break when they're hyper-focused. Those with SLDs can use the same function to avoid exhaustion.

## INSTRUCTION

Tutorial: <https://www.youtube.com/watch?v=XIGaUhzNpAE>

Written instructions: <https://care-eyes.com/index.html#home>

## LANGUAGES

Available in English, French, Dutch, Turkish, and Italian.

## PRICING

Full pricing is available under the link:

<https://care-eyes.com/buy.html>

